



CLEANING THE PANTHER

Hand wash the brace with mild soap and cool water. Dry flat between towels.



Hand Wash



Do Not Bleach



Dry Flat



Do Not Tumble Dry



Do Not Iron

WARRANTY

Blue Diamond Orthopedic warrants its spinal braces for one year from the date delivered.

TIPS FOR WEARING THE PANTHER

Wear a cotton t-shirt or similar garment under the brace.

You may wear the Panther directly against your skin, but this is not recommended. It's much easier to wash a t-shirt than to clean your brace.

If you need to use the restroom frequently, you may choose to wear the Panther outside your clothing.

If donning the brace as suggested is difficult for you, an alternate method is to lay the brace flat on the bed and lie face-up on top of it. This will make it easier to tighten.

INSTRUCTIONS FOR USE

These instructions contain general guidelines for using and caring for your Panther brace. If your physician's instructions differ in any way, those orders must supersede these guidelines.

If you experience pain or swelling while wearing your Panther brace, immediately contact the medical professional who supplied it.

Your Panther brace may have been provided off-the-shelf (OTS) or it may have been custom fitted by a medical professional.



Panther TL

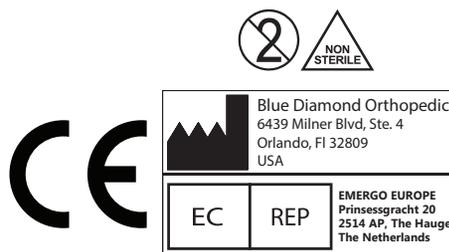
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Panther TL

Blue Diamond Orthopedic

WE GOT YOUR BACK

PUTTING YOUR BRACE ON

1. Loosen the Pull Handles and tuck them near the rear of the belts. Pull to extend them.



2. Put the brace on like a jacket, one arm at a time. Position the brace so the back panel aligns with your spine's curve and is centered on your spine.



3. Holding the left belt against your stomach, touch the right belt down on top of the left belt.



4. Pull the right and left Pull Handles forward to compress the body, then place them on the front.



5. Position the shoulder pads and tighten the straps to a comfortable position.



6. Buckle the chest strap and pull it tight.



TAKING YOUR BRACE OFF

1. Loosen the Pull Handles, placing them towards the rear of the belts.



2. Unbuckle the chest strap and loosen the shoulder straps (if necessary).



3. Detach the right belt from the left belt in the front.



Use your Panther hanger to store the brace safely. Don't allow the Velcro hook to stick to knits or looped fabrics.

CLEANING YOUR BRACE

To clean your Panther TL brace, you must take it apart. Please refer to your Panther TL Disassembly Instructions.

If your Panther TL Disassembly Instructions are not available, you can find them at: www.bluedortho.com