



CLEANING THE PANTHER

Hand wash the brace with mild soap and cool water. Dry flat between towels.



WARRANTY

Blue Diamond Orthopedic warrants its spinal braces for one year from the date delivered.

TIPS FOR WEARING THE PANTHER

Wear a cotton t-shirt or similar garment under the brace.

You may wear the Panther directly against your skin, but this is not recommended. It's easier to wash a t-shirt than to clean your brace.

If you visit the restroom frequently, you may choose to wear the Panther outside your clothing.

If donning the brace as suggested is difficult for you, an alternate method is to lay the brace flat on the bed and lie face-up on top of it. This will make it easier to tighten.

INSTRUCTIONS FOR USE

These instructions contain general guidelines for using and caring for your Panther brace. If your physician's specific orders differ in any way, those orders must supersede these guidelines.

If you experience pain or swelling while wearing your Panther brace, immediately contact the medical professional who supplied it.

Your Panther brace may have been provided off-the-shelf (OTS) or it may have been custom fitted. Any customization should have been performed by a medical professional.



Panther Pro

L0637 / L0650



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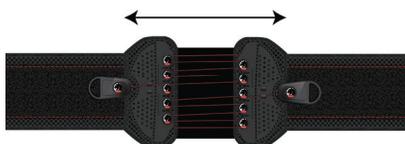
Panther Pro

Blue Diamond Orthopedic

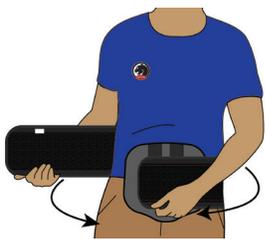
WE GOT YOUR BACK

PUTTING YOUR BRACE ON

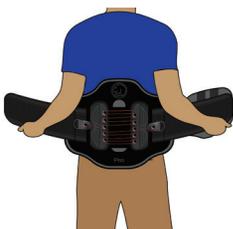
1. Loosen the pull handles and lightly tack them to the right and left of the rear pulley plates. Pull to extend the belts.



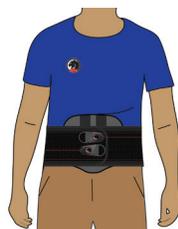
2. Holding the left belt end against the front of your body, fasten the right belt end with snug tension on top of the left belt end.



3. Position the brace so the back panel comfortably aligns with your spine's curve and is centered.



4. Pull both right and left pull handles simultaneously to a snug compression, then lay them down on the loop in front.

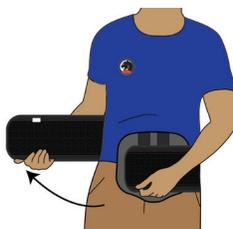


TAKING YOUR PANTHER OFF

1. Detach the pull handles and place them behind center on your right and left sides.



2. Detach the right belt end from the left belt in the front.

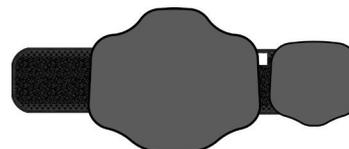


3. Store your Panther brace in a safe place, taking care that the Velcro hook doesn't stick to knits or looped fabrics.

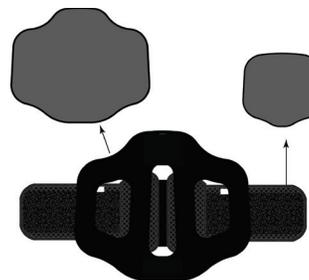
DISASSEMBLY FOR CLEANING

To clean your Panther brace, you must take it apart.

1. Lay the brace on a flat surface with the belt down and pads facing up.



2. Remove the large back pad by gently pulling it top down. When approximately half of the pad has been removed, you will see a Velcro strip. Grasp it with one hand and hold it down while continuing to separate the Back Pad.

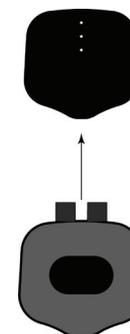


3. Separate the back plastic shell from the belt.

To help you orient the shell correctly when reassembling the brace, note that the engraved text is right-side up and on the exterior of the plastic shell.



4. Open the anterior pouch and remove the plastic plate.



See back page for cleaning instructions.